



# Youth First Aid National Program Standards



November 2016



## Stay Safe!

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**Course Instructor:** Red Cross Youth Leader

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**Pre-course Requirements:** Participants must be 9 years of age or older (or must have completed Grade 3)

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**Course Length (Minimum Teaching Hours):**

Classroom (full length)	5-6 hours teaching time
Classroom (recertification)	n/a
Blended (full length)	n/a
Blended (recertification)	n/a

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**Maximum Instructor to Participant ratio:** 1:30

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**Completion Criteria:**

- **Attendance :** Participants must attend and participate in 100% of the course – this includes active, directed contributions at all scheduled sessions
  - **Personal Care Skills:** Participants must be able to comprehend and demonstrate the critical personal care skills
  - **First Aid Skills:** Participants must be able to comprehend and demonstrate the critical first aid skills
  - **Behaviour:** Participants must be able to exhibit the behaviours expected of a participant in this course
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<b>Required Participant Materials:</b>	<ul style="list-style-type: none"> <li>• Stay Safe! Workbook</li> <li>• Stay Safe! Completion certificate</li> </ul>
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**Required Teaching Aids**

- Youth leader fundamentals of instruction eBook
- Youth leader guide
- Course plan and Lesson plans
- Skill Sheets
- Participant Sign in Sheet
- Participant Emergency Contact Sheet

**Recommended Teaching Aids**

- Red Cross First Aid App
- Media presentations
- Computer
- Projector
- Flip Chart or Dry Erase Board & Markers
- Floor Mats
- Office Supplies (markers, pencils, scissors, tape, coloured paper, sticky notes, etc.)
- Name Tags



## Stay Safe!

Teaching Equipment	<b>Stay Safe! Course</b> <i>(Up to 30 participants per Youth Leader)</i>
Blankets to Participant	1:3
Triangular Bandages to Participant	5:2
Wound care supplies for practice	
Latex-free Gloves to Participant	1:1
Epinephrine Auto-Injector Trainer	1:10
Asthma Inhaler Trainer	1:10
Asthma Spacer	1:10
Sample First Aid Kit (1)	1
FA kit for in-class emergencies	1



# Babysitting

**Course Instructor:** Red Cross Youth Leader

**Pre-course Requirements:** Participants must be 11 years of age or older (or must have completed Grade 5)

**Course Length (Minimum Teaching Hours):**

Classroom (full length)	7-8 hours teaching time
Classroom (recertification)	n/a
Blended (full length)	n/a
Blended (recertification)	n/a

**Maximum Instructor to Participant ratio:** 1:30

**Completion Criteria:**

- **Attendance :** Participants must attend and participate in 100% of the course – this includes active, directed contributions at all scheduled sessions
- **Personal Care Skills:** Participants must be able to comprehend and demonstrate the critical personal care skills
- **First Aid Skills:** Participants must be able to comprehend and demonstrate the critical first aid skills
- **Behaviour:** Participants must be able to exhibit the behaviours expected of a participant in this course

<b>Required Participant Materials:</b>	<ul style="list-style-type: none"> <li>• Babysitter’s Manual</li> <li>• Babysitter’s Completion certificate</li> </ul>
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**Required Teaching Aids**

- Youth leader fundamentals of instruction eBook
- Youth leader guide
- Course plan and Lesson plans
- Skill Sheets
- Participant Sign in Sheet
- Participant Emergency Contact Sheet
- Babysitter’s Self Quiz
- Babysitter’s Report Card
- Babysitter’s Interview Form and Checklist

**Recommended Teaching Aids**

- Red Cross First Aid App
- Media presentations
- Computer
- Projector
- Flip Chart or Dry Erase Board & Markers
- Floor Mats
- Office Supplies (markers, pencils, scissors, tape, coloured paper, sticky notes, etc.)
- Name Tags



## Babysitting

<b>Training Equipment</b>	<b>Babysitting Course</b> <i>(Up to 30 participants per Youth Leader)</i>
Adult or Child Mannequins to Participant – do not need to be ventilating	1:3
Baby Mannequins to Participant – do not need to be ventilating	1:3
Blankets to Participant	1:3
Triangular Bandages to Participant	5:2
Wound care supplies for practice	
Latex-free Gloves to Participant	1:1
Epinephrine Auto-Injector Trainer	1:10
Asthma Inhaler Trainer	1:10
Asthma Spacer	1:10
Sample First Aid Kit (1)	1
First Aid Kit for in class emergencies	1
Dolls suitable for demonstration of personal care skills (diapering, feeding, burping, dressing)	1:3
Bottles with nipples	1:3
Diapers	1:3
Baby Wipes – reusable (disposable)	1:3 (1:1)
Feeding bib	1:3
Feeding spoon	1:3
Receiving blanket	1:3
Clothing for doll (various forms: sleepers, diaper shirts, pants, shirts, socks, etc...)	1:3



## Youth Leader

**Course Instructor:** Under direction of Teaching Experience Supervisor

**Pre-requisite(s):**

- Minimum age of 18 y/o (or 16-17 y/o with adult support)
- Red Cross Standard First Aid & CPR/AED Level C certification or equivalent

**Course Length (Minimum Teaching Hours):**

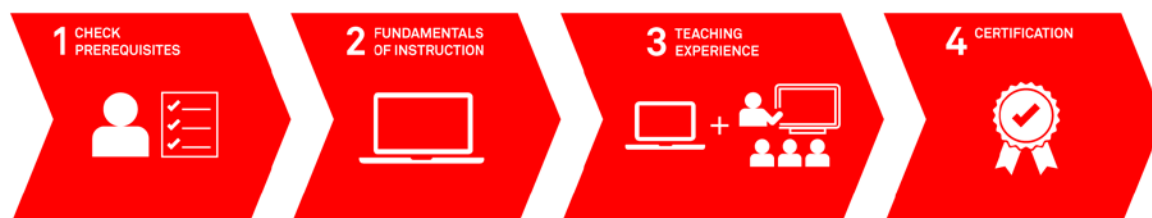
Classroom (full length)	n/a
Classroom (recertification)	n/a
Blended (full length)	n/a
Blended (recertification)	n/a
Other (Original)	The development process for a Youth Leader consists of an online, self-paced component 'Fundamentals of Instruction for Youth Leaders' followed by a Teaching Experience
Other (recertification)	TBD

**Maximum Instructor to Candidate ratio:** n/a

**Minimum Instructor to Candidate ratio:** n/a

**Completion Criteria:**

# YOUTH LEADER PATHWAY



- Completion of the online component (Fundamentals of Instruction for Youth Leaders)
- Completion of a Teaching Experience (unless meet exceptions listed below)

**Teaching Experience Requirements:**

- Youth Leader candidates must complete a teaching experience with a certified Canadian Red Cross Youth Leader; the following exceptions apply:
  - Red Cross (FA or WS) Instructors or Instructor Trainers are required to own the current participant materials (detailed below) and complete the 'Fundamentals of Instruction for Youth Leaders' online component. Educators (elementary or secondary level) are required to own the current participant materials (detailed below) and complete the 'Fundamentals of Instruction for Youth Leaders' online component.

**Required Candidate Materials:** • Access PIN for the *Fundamentals of Instruction for Youth Leaders* online component



- Access to *Fundamentals of Instruction for Youth Leaders* eBook
- *Youth Leader Guide*
- *Stay Safe! Workbook*
- *Babysitter's Manual*

**Required Teaching Aids**

- None

**Recommended Teaching Aids**

- None

**Certification:** 3 years

**Recertification:**

Successful completion of recertification requirements.

Candidates are not required to purchase materials from original certification course unless the program has been revised.